

Providing Cultural Responsiveness, Anti-Racist and Affirming Clinical Care to BIPOC 2SQT+ Youth and Families

Thursday, July 17, 2025

10:00 a.m. – 12:00 p.m.

Course Description:

LGBT young people whose caregivers reject them report high levels of negative health problems (Ryan et al., 2009), and those whose caregivers support them show greater well-being, better general health and significantly decreased risk for suicide, depression, and substance abuse (Ryan et al., 2010). Several key approaches can help families learn to support their LGBT children, across a wide range of practice settings and service systems (Abreu, et al, 2022; Ryan, 2010; Ryan & Diaz, 2011). Drawing from extensive research, the presenter will guide participants to be able to 1) define the LGBTQ+ Affirming model and learn 2) evidenced-based ways to support LGBTQ+ youth, their families and LGBTQ adult clients while 3) being sensitive to the diverse and intersectional experiences of LGBTQ+ people of color (Freeman-Coppadge & Langroudi, 2021; Dominguez, 2017; Rogers & Butler-Barnes, 2021).

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)



Dr. Laura Minero (She/Her/Ella)

Is a licensed psychologist and founder of Alchemy Psychology Colectivo, Inc. She specializes in working with BIPOC, LGBTQ+, Spanish-speaking, and immigrant youth and adults. A proud first-gen scholar, she earned her PhD in Counseling Psychology from the University of Wisconsin-Madison and completed a postdoctoral fellowship at UCLA Semel Institute. Dr. Minero's award-winning research centers undocumented, trans, and asylum-seeking communities, and she has contributed to national policy through her work with the National Academies of Sciences. A passionate educator and consultant, she provides trauma-informed, anti-racist, and liberation-centered trainings across the country.



Click Here for **REQUIRED PRE-READING**

Measurable Learning Objectives

1. Identify 2 ways to ask adolescent patients and clients about gender and sexuality.
2. List 3 barriers and challenges that 2-SQT/LGBTQ+ people of color experience.
3. List 3 family accepting behaviors that are related to better overall wellbeing of LGBTQ youth.
4. List 3 ways to adapt services as listed in National CLAS Standard 1 and be 2SQT/LGBTQ+ affirming.

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Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources:
pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clayde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites:
<https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP-EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBH maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.