Providing Cultural Responsiveness, Anti-Racist and Affirming Clinical Care to BIPOC 2SQT+ Youth and Families
Thursday, July 17, 2025
10:00 a.m. – 12:00 p.m.

Course Description:

LGBT young people whose caregivers reject them report high levels of negative health problems (Ryan et al., 2009), and those whose caregivers support them show greater well-being, better general health and significantly decreased risk for suicide, depression, and substance abuse (Ryan et al., 2010). Several key approaches can help families learn to support their LGBT children, across a wide range of practice settings and service systems (Abreu, et al, 2022; Ryan, 2010; Ryan & Diaz, 2011). Drawing from extensive research, the presenter will guide participants to be able to 1)define the LGBTQ+ Affirming model and learn 2) evidenced-based ways to support LGBTQ+ youth, their families and LGBTQ adult clients while 3) being sensitive to the diverse and intersectional experiences of LGBTQ+ people of color (Freeman-Coppadge & Langroudi, 2021; Dominguez, 2017; Rogers & Butler-Barnes, 2021).

**3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.
To fulfill an ACBH sponsored virtual training for both attendance completion
and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)**

Dr. Laura Minero (She/Her/Ella)

Is a licensed psychologist and founder of Alchemy Psychology Colectivo, Inc. She specializes in working with BIPOC, LGBTQ+, Spanish-speaking, and immigrant youth and adults. A proud first-gen scholar, she earned her PhD in Counseling Psychology from the University of Wisconsin-Madison and completed a postdoctoral fellowship at UCLA Semel Institute. Dr. Minero's award-winning research centers undocumented, trans, and asylum-seeking communities, and she has contributed to national policy through her work with the National Academies of Sciences. A passionate educator and consultant, she provides trauma-informed, anti-racist, and liberation-centered trainings across the country.

Click Here for REQUIRED PRE-READING

Measurable Learning Objectives

1.   Identify 2 ways to ask adolescent patients and clients about gender and sexuality.

2.   List 3 barriers and challenges that 2-SQT/LGBTQ+ people of color experience.

3.   List 3 family accepting behaviors that are related to better overall wellbeing of LGBTQ youth.

4.   List 3 ways to adapt services as listed in National CLAS Standard 1 and be 2SQT/LGBTQ+ affirming.

Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources: pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clyde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRAnet and Providers sites: https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request
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